

Don't Laugh!

Original Name of activity: HAGOO

Type of activity: Energizer Level 1

Equipment: None

Procedures:

1. Divide participants into 2 teams and form 2 lines.
2. Have participants stand shoulder to shoulder, facing a person on the other team.
3. Stand a yard apart. One person from each team will volunteer to walk past each person in the row of the opposite team.
4. The people on the team try to make the volunteer from the other team smile as she or he walks by. No touching is allowed.
5. If the volunteer cracks up, she or he must join the opposite team. If she or he makes it to the end straight-faced, she or he goes back to the original team.

Adaptations: The facilitator can change simple rules. For example we focused on laughing and smiling, but it could be “don't blink,” “don't breathe,” “don't make eye contact,” etc.

Expected outcomes: To have fun and get everyone in the group laughing, excited, and ready to do something else with the group.

Notes for facilitating: people may not laugh, if that is the case you can do things such as take a step inward, make the participant walk slower, or have someone walk from both directions. Participants also tended to stand at the top of the line before going through to catch their breath to avoid laughing, if this is the case you can chime in and tell them not to wait.

Reference:

Hagoo - The Ultimate Camp Resource. (n.d.). *Ultimate Camp Resource - Camp Games, Camp Songs, Camp Skits*. Retrieved February 27, 2013, from <http://www.ultimatecampresource.com/site/camp-activity/hagoo.html>