

## **A Tsunami is Coming**

**Type of activity:** Ice Breaker

**Equipment:** None

**Procedures:**

The activity will be conducted by gathering participants into a circle. Facilitators will inform them that a tsunami is rising from the lake and will destroy their home (the lodge) in two minutes. Participants are able to bring one of their personal possessions from home as they evacuate to the lower field. Once everyone safely arrives in the field, the participants will form a circle and share with the group which item they brought and why it was chosen over all of their worldly possessions. Facilitators will ask for a volunteer to go first.

**Adaptations:** Facilitators can change the disaster to: flood, fire, tornado, etc.

**Expected outcomes:** To get the group comfortable sharing something personal with each other.

**Notes for facilitating:** Remind participants to choose personal items of value and importance, not survival tools.

**Reference:**

Iseminger, David. (2002, March 1) Advancing Group Development Through Ice Breakers and Games. Retrieved from [http://www.rochester.edu/college/rccl/assets/pdf/GroupDevelopment\\_Icebreakers-Games.pdf](http://www.rochester.edu/college/rccl/assets/pdf/GroupDevelopment_Icebreakers-Games.pdf)