

**Georgia College
Department of Outdoor Education**

Program Design Form

The program design form is completed by the lead facilitator for workshops. This form should be submitted to, as well as reviewed and signed by the Outdoor Center Director or designate prior to the date of programming.

Lead Facilitator: Jeff Turner	Organization: Mount Pleasant Baptist Church
Facilitation Team Members: Chelsea Arnold Matthew Grady Wesley Hawkins Jake Lawler Chris Taylor	Organization Contact: Patty Harris
	Program Date(s) and Duration: 10/20/13 From 2pm – 6pm
	Program Type (check all that apply): X GDA X LCC <input type="checkbox"/> HCC <input type="checkbox"/> TT Other:

Program Outcomes

Based on information provided in the client intake and follow-up conversation by the lead facilitator, as a result of this program, participants will:
<ul style="list-style-type: none"> a. <u>Apply</u> effective communication within a group. b. <u>Discuss</u> the importance of trust in a group. c. <u>Demonstrate</u> respect towards leaders/other group members.

Client Information

Based on information provided in the client intake and follow-up conversation by the lead facilitator. Consider emotional, physical (fitness level), social, and intellectual characteristics, as well as socioeconomic, gender, and context specific information (#, age range).
<ul style="list-style-type: none"> • 12 – 15 youth members. Ages 11 – 18 • Average physical level. 34

Program Schedule

Use this format to provide an overview of the program design. Include intake arrangements, housekeeping, safety briefings, all program activities, breaks, etc. Put logistical or activity specific information in the comments column.			
Time	Activity	Staff	Comments (e.g. set-up, intended goal matching, adaptations)
12pm	Staff Arrive	All	Make sure lodge is setup, check whale watch and spiders web, go over itinerary, work out any final details.
1:00 - 2:00 pm	Lunch at lodge	All	Welcoming and introduce ourselves to group, checking medical forms, layout the day, answer any questions, etc.
2:00 – 2:15 pm	Full Value Contract/Challenge by Choice & Safety	Jake, Chelsea, and Matthew	Lay out the values we would like to focus on during the day. Introduce challenge by choice through the stretch activity. Also introduce the safety concerns for the day.
2:15 – 2:30 pm	Energizer - Wampum	Wesley and Matthew	Intended Goal – To loosen up the mood. This activity should be a great name refresher for participants and facilitators. Location – In lodge Set Up – Single Noodle. Gather group in circle with one person in the middle. Go over the rules.
2:35 – 3:05 pm	Minefield	Chris and Chelsea	Intended Goal - We chose this activity to engage participants in more effective communication and trust within the group. Location – Pavement outside OC Office. Set up – Set up ropes and obstructions within the “rope block.”
3:05 – 3:30 pm	Debrief & Restroom Break	Chris and Chelsea	
3:30 – 4:00 pm	Spotting Sequences Tic, Tic Toc, Wind in the Willows, and Levitation	All	Introduce the topic of “spotting” and its safety and importance to the group. The major types of spotting participants will use are: Tic, Tic Toc, Wind in the Willows, and Levitation. Go over stances, knees bent. Hand positions; spoons not forks. Eyes always on participant, and appropriate touch. Reason for levitation. Emphasize protection of head

			and neck and a minimum of 9 spotters. Facilitators will show examples of each. Have participants do the same, also have a participant repeat back the major emphasized protection points. Answer any questions.
4:05 – 4:35 pm	Whale Watch	Matthew and Jake	Intended Goal – We chose this activity to work specifically on team unity, communication, and respect. Working together to keep the platform from touching will take effective communication and team unison. Respecting others decisions or suggestions will play a big role in this activity. Set up – Gather group and frontload a metaphor to introduce the activity. Adapt challenge appropriate to the group.
4:35 – 4:45 pm	Debrief	Matthew and Jake	
4:50 – 5:30 pm	Spiders Webb	Wesley and Chris	Intended Goal – We chose this activity for the group to see how they would communicate through out the activity and with each other in forming a plan. We also want to incorporate trust and respect ie. Appropriate touch and respecting others decisions. Set up – Gather group and frontload a metaphor to introduce the activity. Review spots and layout rules of activity.
5:30 - 5:40 pm	Debrief	Wesley and Chris	
5:40 – 5:55 pm	Final Debrief	All	Location: Gather participants around “maybe a rectangle” logs. Debrief, Thank group for coming out. Insure them of how great a group they were. Remind them of what they learned and accomplished. Answer any final questions.

Notes

Use this box to list any additional information related to the delivery of this program like equipment, facility prep, facilitation team meetings, food, etc.

- **The group is bringing their own lunch and eating at the lodge.**

****Signatures required before date of program (electronic signature is acceptable)**

Lead Facilitator: _____ OC Director (or designate): _____